

Your First Useful Prompt

AI Essentials for the Busy Clinician · Brian Whittaker · RRM Academy

Orientation

Seven short modules, and the ground is now clear: you know why you were right to be skeptical and why that makes you the ideal user. Here you send your first useful prompt, in the next ten minutes.

Lesson

The three kinds of AI you will actually meet

1. **The AI assistant.** ChatGPT, Claude, or Gemini. A chat window: you type or dictate, it writes back. This course teaches this one.
2. **The ambient scribe.** Listens to the visit, drafts your note. Your practice buys it under a contract. Module 4 gives you the two questions to ask first.
3. **AI inside tools you already use.** Your EHR and billing software are adding AI features. The judgment you build here covers those too.

Term: AI assistant. An AI you converse with (ChatGPT, Claude, Gemini). The one where your skill determines the value.

What it is, in two sentences

The assistant is a prediction machine: it learned from a huge amount of text, and its one skill is predicting what words come next. That makes it excellent at drafting and explaining, and it also means it does not look facts up, so it can be confidently wrong. Module 3 handles that.

Do this now

Open chatgpt.com or claude.ai. Free account, work email, two minutes. Then type or dictate:

"Rewrite this for a patient at an eighth-grade reading level, warm tone, under 100 words: [paste a paragraph from any public patient handout]."

Read it. Then reply: *"Now as three bullet points."*

That is the whole working motion: ask, look, refine.

Term: Prompt. Whatever you type or say to the AI. Good prompts name audience, tone, length, and format.

What it is for, this month

Patient instructions at the right reading level. First drafts of letters. Turning a dense paper into plain language. Job postings. Meeting notes into action items. Ten minutes of writing becomes two minutes of reviewing.

One boundary until Module 4: nothing that identifies a patient goes in. Nothing.

Scenario: try it yourself

Setup. Your front desk lead: "I keep hearing we should use AI but I do not know what that means for us."

Model answer. "It means a chat tool that turns our writing jobs, patient instructions, letters, policies, into two-minute review jobs. We learn one privacy rule first, then start with the documents we rewrite most."

Terms from this module

Term	What it means, and why you care
AI assistant	An AI you converse with (ChatGPT, Claude, Gemini). <i>The one where your skill determines the value.</i>
Prompt	What you type or say to the AI. <i>Name audience, tone, length, format.</i>

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